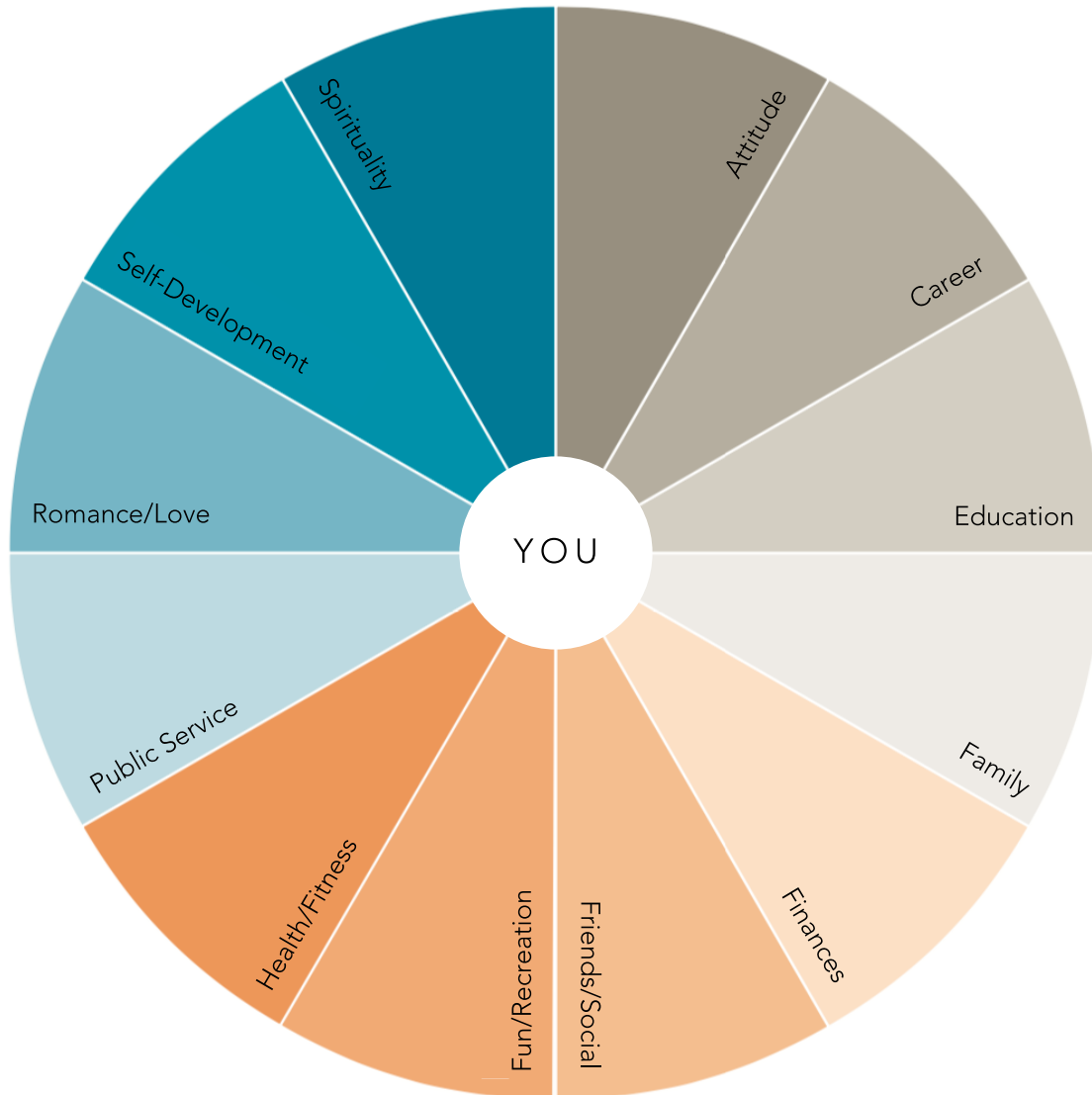


GET YOUR SH*T TOGETHER



OWN YOUR SH*T

WHAT'S YOUR BIGGEST STRUGGLE IN EACH OF THESE AREAS?
(GET HONEST ABOUT WHAT'S NOT WORKING FOR YOU)

ACCEPT + ADMIT

HOW IS THIS AFFECTING YOUR LIFE + RELATIONSHIPS?
(TAKE PERSONAL RESPONSIBILITY AND SHARE YOUR TRUTH)

CHALLENGE + COMMIT

NAME ONE THING YOU CAN DO TODAY TO IMPROVE THIS.
(WRITE IT DOWN, MAKE A GAME PLAN AND HOLD YOURSELF ACCOUNTABLE)

ATTITUDE

CAREER

EDUCATION

FAMILY

FINANCES

FRIENDS

FUN/RECREATION

HEALTH/FITNESS

PUBLIC SERVICE

ROMANCE/LOVE

SELF-DEVELOPMENT

SPIRITUALITY
